

BELLEVUE NETWORK ON AGING
MINUTES

November 3, 2022, North Bellevue Community Center via Virtual – Zoom.

8:30am – 10:30am

MEMBERS PRESENT: Abigail Brown, Anne Rittenhouse, Beverly Heyden, Diana Thompson, Gazel Tan, Hannah Kimball, Kira Hackett, Mary Fredeen, Paul Bradley, Phyllis Smilen.

MEMBERS ABSENT: Barbara Carey, Catherine Wong, Desiree Leigh, Julie Hart

STAFF PRESENT: Dan Lassiter, Bellevue Parks & Community Services
Christy Stangland, Bellevue Parks & Community Services

GUESTS: Karen Mauden

PRESENTER(S): Ellen Montañana, Emergency Plans Program
Administrator, City of Bellevue Fire Department

RECORDING SECRETARY: Betty Lee, Bellevue Parks & Community Services

WELCOME AND ROLL CALL: The meeting was called to order by Abigail Brown and the roll call taken.

PUBLIC COMMENTS: None

APPROVAL OF MINUTES: Minutes will be revised as Diana requested and emailed to members for approval.

PRESENTATION: *Ellen Montañana, Emergency Plans Program Administrator, City of Bellevue Fire Department Office of Emergency Management.*

Emergency Management and Personal Preparedness

- ❖ Understanding Bellevue’s Threats & Hazards
 - Flooding, snowstorms, windstorms, falling trees, earthquake, extreme heat and smoke, power outages, landslides, infostructure failure, hazmat situations, fire, etc.

- ❖ Overview of Emergency Management
 - What is Emergency Management?
 - Discipline that promotes city resilience to help make residents, the environment, infrastructure and property safe from hazards.
 - What do we do?
 - Planning – what steps need to be taken to prepare for emergencies.
 - All hazards planning, standardized processes, and procedures.
 - Training and Exercise.
 - Education and Outreach
 - Grants and administration
 - Regional coordination
 - Who is involved?
 - First Responders
 - Field Crews
 - City Leadership
 - Volunteer
 - Private & Public-Sector Organization
 - Regional Partners
 - Office of Emergency Management (OEM's) Rainy-Day Operations
 - Coordinate citywide response by:
 - Providing alert and warning to residents & staff
 - Maintaining situational awareness
 - Facilitate coordination and collaboration among city responders
 - Ensure continuity of operations and government
 - Activation of the Emergency Operations Center (EOC)
 - Operations Section
 - Logistics-Finance Section
 - Planning Section
 - EOC Management

- ❖ Personal Preparedness
 - Staying informed
 - Learn about your local hazards
 - OEM Newsletter
 - Know where to go for disaster information...
 - City of Bellevue Social Media (Facebook & Twitter)
 - City of Bellevue City News
 - Sign up for emergency alerts
 - Bellevue Alerts
 - Alert King County
 - Non-electronic options
 - Mailers to most Bellevue residents

- Distribution of paper copies through community centers and local hubs
- Make Your Plan
 1. Discuss your family’s emergency response
 - How will you get emergency alerts?
 - Where will you evacuate?
 - What is the family communications plan?
 2. Consider specific household needs
 3. Create your plan (template here: [Make a Plan Form | Ready.gov](#))
 4. Practice your plan!
- Build Your Kit
 1. Different types of kits
 - Home/car/work
 2. Kit essentials
 - Water (1 gallon/person/day)
 - Water filtration
 - Non-perishable food (and can opener)
 - First aid & prescriptions
 - Cash & important papers
 - Toiletries & sanitation products
 - Utensils & cooking supplies
 - Layered clothing
 - Tools & whistle
 - Flashlights (and batteries)
 - Pet supplies
 - Comfort items
 - “Two Weeks Ready” backpack handout – template emergency plan handout available in multiple languages. Ellen will have these delivered to North Bellevue Community Center for outreach distribution.
 - Disaster Preparedness Calendar here: [20630101_cascades_region_prepare_guide_final_jan8.pdf \(redcross.org\)](#)
- Get Involved
 - Promote preparedness in your community
 - OEM Handouts & Prep Materials.
 - Develop your disaster skills
 - Volunteer
 - 16 Community Emergency Response Team (CERT)
 - Bellevue Communications Support (BCS)
- ❖ More Information
 - Office of Emergency Management’s Website <https://bellevuewa.gov/city-government/departments/fire/emergency-management>
 - City of Bellevue Social Media
 - Facebook: <https://www.facebook.com/bellevuewashington/>
 - Twitter: <https://twitter.com/bellevuewa>

- Bellevue’s Emergency Alerts https://public.govdelivery.com/accounts/WABELLE/subscriber/new?topic_id=WABELLE_102
- Bellevue’s “Winterize” Guide https://bellevuewa.gov/sites/default/files/media/pdf_document/2019/Winter%20Prep%20Guide.pdf
- King County Alerts <https://public.coderedweb.com/CNE/en-US/BF0D5C5CC09C>
- Bellevue CERT <https://bellevuecert.org/>
- Bellevue Communications Support Team (BCS) <https://bellevuewa.gov/city-government/departments/fire/emergency-management/classes-and-volunteering>
- Ready.gov <https://www.ready.gov/>

HUMAN SERVICES UPDATE: Christy Stangland, City of Bellevue Human Services Dept.

- ❖ In process of hiring new human services coordinator for Human Services Housing Stability Funding (previously 1590 funding)
- ❖ Temporary ARPA position interviews have been conducted.
- ❖ Human Services manager Leslie Miller presented the draft of Human Services funding recommendations to council on Oct 24th.
- ❖ If people are interested in human services funding or any other budget, public hearing for council is Tue Nov 8th. There are opportunities for oral communication at other meetings, the budget will be approved on November 21st.
- ❖ Human Services will be receiving additional ARPA funding. Opportunities for funding are housing stability, homelessness services, basic needs, food insecurity, civil/legal aide, domestic violence and sexual assault survivor services, wellbeing in the face of racial and ethnic discrimination, shelter, behavioral health, and childcare.

Question: What is the definition of a Low Barrier Shelter? – Anybody can access the facility, no screen criteria as long as you’re not disturbing the community. The purpose is to get people off the streets into a shelter.

COMMITTEE REPORTS: *Members were asked to read the following committee reports before the meeting for discussion:*

ADVOCACY COMMITTEE REPORTS: *Committee report. Draft of Oct 3rd minutes.*

- Senior Day attendance (virtual) on Oct 20th from 9am to 4pm
Diana Thompson will be attending. Desiree Leigh has already registered.
Abigail Brown, Kathy Iverson needs to check the schedule before confirming participation.
Last day to register is October 12th (Link: Washington State Senior Citizens' Lobby (waseniorlobby.org))

- Meeting with Sen. Murray on Friday October 7th

Karen Hartman, Kathy Iverson, Abigail Brown and Diana Thompson will be attending. Desiree Leigh and Jeri Kelley are tentative.

Diana Thompson will need to update the order of the Legislative Agenda per below talking point designations.

Talking point presenters:

- Diana – Intro, Older Americans Act
- Karen – Dental, Hearing and Vision
- Abigail – Medicare Observation Status, SS Insolvency,
- Kathy–Oppose the Trust Act by Romney

- Local Issues

- Discussion of Women’s Health Letter (drafted by Kathy Iverson)

Concern was expressed over the mention of religious exemptions. This will be revised and reviewed at the next Advocacy Meeting in November.

- Participation of the KSC and BNOA in resource fairs put on by Overlake and Evergreen (Caryn reports)

Nothing is upcoming for Evergreen. At this time, they only plan to participate in other fairs where possible via “table” setup. Per Overlake, they have nothing on deck for this year, but may in the future.

- Diana commented on health fairs and a traveling in-home dental care service.
- Karen was aware of the traveling dentist (truck) and indicated it will be added to the revised resource guide for Kirkland.
- Both Karen and Kathy elaborated on the upcoming health fair at Juanita High School taking place this Saturday October 8th where COVID vaccines will also be provided.
- Diana encouraged us to consider joining the Aging and Disability Services board (Link: Aging and Disability Services - Human Services | seattle.gov)
- There was discussion of the challenges of gaining Gold Card traction (Seattle Gold/FLASH Card Discount Program – Age Friendly | seattle.gov). There is plenty of interest in Bellevue, little in Kirkland. Dan will follow up with info per Jeri’s continued efforts. Diana suggests reaching out to Rite Aid/Bartell’s.

- Upcoming:

The next meeting is Monday, November 7th.

What should be on the next legislative agenda?

Per the Kirkland folks and our next General BNOA meeting, there has been a speaker change per the next BNOA, so you may need to update your calendars per attendance.

- ✓ Courtesy of Dan Lassiter: “Next Thursday 10/6/22 is the monthly meeting. There has been a change in presenters as Thara Johnson with COB Planning has not been able to obtain the needed information BNOA had requested. Thara will have the information and will present at the next open space which is February 2023. In Thara’s place we have Justin Panganiban, Urban Planner & Gwen Rousseau Senior Planner, City of Bellevue Community Development - Wilburton Vision Implementation initiative. They need your

input. Next month we will hear about Ableism and Allyship in the older adult population.”

Acknowledgement - Diana continues to do amazing, widely impactful work through groups like ADS and recently received recognition.

OUTREACH & EDUCATION COMMITTEE REPORTS: *Committee Report.*

1. Bellevue Farmers Market
 - BNOA will have a table at the Saturday, November 19, from 10:00 – 2:00
 - Ann and Gazel will take the 9:30-12 noon shift.
 - Paul will take the 11:30 to 2:00 shift.
 - Paul will also bring the canopy and the handouts from NBCC.
 - We need another person for the 11:30 to 2:00 shift.
2. There were no issues with having the BNOA sign at the Farmers Market on October 6.
 - We will have the sign at the November 19 market and subsequent markets.
3. The Committee would also like to staff the Crossroads Farmers Market which begins in mid-May.
 - The market is on Tuesdays from noon to 6:00 from early May to late September/early October.
 - There may be an issue about staffing both markets.
 - The Committee will need to submit a request for a table to Roz.
4. Neighborhood News distribution to the Newport Way Library should increase from forty to fifty copies.
5. The entire Outreach Committee should be able to review draft articles for the Neighborhood News.
 - Since the articles are due to Mark, the publisher of Neighborhood News, by approximately the 15th of the previous month, the writer of an article will need to send the draft article to committee member several days in advance.
6. Suggested articles for 2023 include:
 - Signing up for various City of Bellevue and Community Center emails and texts.
 - Cybersecurity and fraud
 - Pickleball in Bellevue
7. The resource booklet is about done and is in Word format.
 - Gazel will review it and add a short section on fraud.
8. There are five candidates for BNOA.
 - Applications will be accepted as late as Friday, October 28.

HOUSING AND TRANSPORTATION REPORTS: *Committee Report.*

- ❖ Committee report will be sent at a later date for review.

AARP Livability Index – has great tools that define livability of communities. Gazel can send links out to those who are interested.

Hyde Shuttle 6-month pilot program is now in operation, rides can be requested through different agencies; IACS, Jewish Family Services, CISC, or by calling 206-727-6262. Shuttle will not be parked at North Bellevue Community Center, instead at a secure site in Redmond. Dan and Christy will work on securing flyers for the Outreach Committee to be inserted in Neighborhood News and distributed at the Farmer's Market.

New revised ARCH website - senior services and resources are no longer accessible, so committee will reach out to ARCH to provide resources that refer people to senior living communities.

Phyllis gave a report on Complete Streets Bellevue.

NEW BUSINESS: *Dan*

No new business.

STAFF REPORT:

- ❖ Position Letter discussion – Park's Director Michael Shiosaki has reviewed the letter and Dan is waiting to meet with him. Dan is suggesting that BNOA members focus on being involved in the Comprehensive Plan which is occurring right now. Dan is also suggesting having a special meeting to discuss the letter in detail.
- ❖ Members suggested omitting a presentation periodically to catch up on BNOA's regular business. December's meeting will not have a presentation.
- ❖ Dan will send out an email to see if the committee will meet in person or online in December. Hybrid option is also a possibility.
- ❖ Please think about the structure of the committees as we will discuss this at next month's meeting.
- ❖ Recruitment –6 applications have been received; interviews will be scheduled this month.

Meeting adjourned at 10:47am